



Understanding Diabetes Programs – Chronic Disease Self-Management Education (CDSME) and Diabetes Self-Management Programs (DSMP)

Agenda

Friday April 5, 2019

9:00AM to 3:00 PM

Bernalillo County Extension Office, Albuquerque

- 9:00 - 9:30 AM Registration and Networking**
- 9:30 – 9:40 AM Welcome and NMDAC Update**
Susan Dade RD, LD, CDE
- 9:40 – 9:55 AM Group Ice Breaker**
Dianne Christensen BS, MS
NMDAC Chair
- 9:55 – 10:00 AM New Mexico Department of Health Update**
Chris Lucero BCH, CHES
Chronic Disease Prevention and Control Bureau
- CONTINUING EDUCATION SESSION (3.0 CEUs)**
- 10:00 – 11:30 PM Chronic Disease Self-Management Education Programs**
Catherine A. Offutt, MBA
Master Trainer, Chronic Disease Self-Management Program
Director for the City of Albuquerque Dept. of Senior Affairs
- 11:30 – 12:30 PM Lunch and Networking**
- 12:30 - 12:45 PM Agency Spotlight – Lions Club International**
- 12:45 – 1:15 PM Roundtable Discussion – participant recruitment and retention**
- 1:15 – 2:45 PM 2017 National Standards for Diabetes Self-Management Education and Support**
Susan Dade RD, LD, CDE
Artesia Hospital Out-Patient Diabetes Clinic
- Marjorie Cypress PhD, C-ANP, CDE
Associate editor of the ADA's Complete Nursing Guide to Diabetes Care
Task force member for the revision of the National Standards for Diabetes Self-Management Education
- 2:45 – 3PM Closing Comments**

Announcements

**Save the Dates for the
Next Workshops**
June 7, 2019
September 6, 2019
December 6, 2019

The NMDAC Board meets quarterly before each workshop. You are invited to join us. Talk to one of our Board Members to learn more.

CEU Information

3.0 CME credits will be provided for the following:
CME: Continuing Medical Education*
CHES: Certified Health Education
CDR: Commission on Dietetic Registration
NASW: National Association of Social Workers
CCHW: Community Health Workers

** Nurses and Pharmacists can apply for CMEs if they complete additional documentation.*

Make sure you have signed-in and received the required paperwork.

NMDAC also provides Certificates of Attendance upon request.

Educational Objectives

At the conclusion of the session participants will be able to:

- Describe CDSME programs and program components
- Understand the evidence-basis of CDSME programs, program endorsements and program interface
- Understand how to become involved in New Mexico's CDSME programing
- Understand Process to become a Recognized Diabetes Program and its benefits.
- Understand and explain the importance of having national standards for DSME
- Discuss the 10 standards
- Specify two outcomes DCMES services

ACCREDITATION



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS) and the New Mexico Diabetes Advisory Council. RMCHCS is accredited by NMMS to provide continuing medical education for physicians.

RMCHCS designates this live activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



National Association of Social Workers – a professional organization committed to advancing professional social work practice and the profession; and to promoting human rights, social and economic justice, and unimpeded access to services for everyone.

DISCLOSURES

The following program planners disclose that they have no relevant financial relationships with any commercial interest.

Committee Chair: Susan Perry PhD, CDE, LPCC

Charm Lindbland

Board Chair: Dianne Christensen BS, MS

Sharon Gerena, MSN, RN, CDE

Susan Dade RD, LD, CDE

Susan Simons MNM, CFRE Coordinator

Linda Reineke RD, CDE

Marjorie Cypress PhD, C-ANP, CDE

None of the CEU Speakers have disclosed relevant financial relationship with commercial interest

ACKNOWLEDGMENTS

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New Mexico Department of Health Diabetes Prevention & Control Program