



New Mexico Diabetes Advisory Council

Obesity, Diabetes and Youth: Real World Strategies to Improving Nutrition and Increasing Activity

Agenda

December 1, 2017

9:30 am to 3:00 pm

CNM Workforce Training Center, Albuquerque

- 9:30 – 10:00 AM** **Registration & Networking**
- 10:00 – 10:15 AM** **Welcome and NMDAC Update**
Susan Dade, RD, LD, CDE, NMDAC Chair
- 10:15 – 10:20 AM** **American Diabetes Association Update**
Maria Nape, ADA Volunteer
- 10:20 – 10:30 AM** **New Mexico Department of Health Update**
Judith Gabriele, MPH, Deputy Bureau Chief
Chronic Disease Prevention and Control Bureau

CONTINUING EDUCATION SESSION (3.5 hours)

- 10:30 AM – 11:30 PM** **Diabetes Prevention and Self- Management Programs:
New Mexico's Statewide Engagement Plans and Updates**
Jill Joseph
Department of Health
- 11:30 AM – 12:30 PM** **Increasing Outdoor Physical Activity Through Trails**
Tim Rogers
Trails Program Manager
Santa Fe Conservation Trust
- 12:30 – 1:30 PM** **Lunch & Networking**
1:30 – 2:30 PM **Farm to Table and Kids Cook!**
Kendal Chavez
Farm to School Program
New Mexico Core Partner, National Farm to School
Network
- 2:30 – 3:00 PM** **Networking and Idea Exchange**

Announcements

Have you completed the 2017 Biennial Survey? If you haven't, ask us how you can complete it today!

The NMDAC Board meets quarterly before each training session. You're invited to join us!

Board involvement is one more way you can improve the quality of diabetes prevention and care in New Mexico.

Talk to one of our board members to learn more.

CEU Information

This session is eligible for 3.5 hours of the following continuing education units:

CME: Continuing Medical Education*

CHES: Certified Health Education

CDR: Commission on Dietetic Registration

NASW: Social Work Continuing Ed

CHW: Community Health Worker

**Nurses and Pharmacists can apply for CMEs, so long as they complete additional documentation.*

Make sure you have signed-in and received the required paperwork.

NMDAC also provides Certificates of Attendance upon request.

Educational Objectives

By the end of the presentation, participants will be able to:

- Identify 2 methods affiliated organizations can increase their reach, capacity, and sustainability of diabetes self-management education and support in New Mexico by June 2019.
- Identify and define the four pillars of diabetes prevention, according to the Centers for Disease Control and Prevention.
- Describe ways to create a safe environment to explore food with kids.
- Discuss the landscape of local, state and federal policy shapes intervention strategies and healthy eating initiatives in New Mexico, and how these support systems play out in APS schools and statewide.
- Identify strategies currently being employed by Santa Fe Conservation Trust to increase physical activity on trails among youth and adults.
- Identify ways public health specialists work with community partners to increase physical activity in NM communities through improvements in the built environment.

ACCREDITATION STATEMENTS



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society (NMMS) through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS), the New Mexico Diabetes Advisory Council and the New Mexico Department of Health. RMCHCS is accredited by NMMS to provide continuing medical education for physicians.

RMCHCS designates this live activity for a maximum of ____ *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The National Association of Social Workers - New Mexico Chapter (NASW-NM) has approved this training for 2.5 Continuing Education credits. Counseling and social work CEUs are reciprocal.



Community Health Worker
CEUs Approved by
DOH-OCHW



NMDAC is part of the Commission on Dietetic Registration Continuing Professional Education (CPE) Provider Accreditation Program.



This session has been approved for Category I Certified Health Education Specialist (CHES) continuing education contact hours (CECH) by New Mexico State University's CHES Continuing Education Review Committee.

DISCLOSURES

The following CEU Speaker has disclosed that she has relevant financial relationships with commercial interest:

The following program planners disclosed that they have no relevant financial relationships with any commercial interest.

Committee Chair: Susan Perry, PhD, CDE, LPCC

NMDAC Coordinators: Karli Massey, Mimi Ludden, Jennifer Silva

Board Chair: Susan Dade, RD, LD, CDE

Linda Reineke, RD, CDE

Sharon Gerena, MSN, RN, CDE

Lisa Taylor, DNP, FNP-BC

Dona Orgeron, RN

ACKNOWLEDGMENTS



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**New Mexico Department of Health
Diabetes Prevention & Control Program**